

YOUR GUIDE TO HOME AND LIFE IMPROVEMENT

HOME *digest*

IMPROVE REMOVE SELF-IMPOSED OBSTACLES
INVEST SUCCESS IN PROCESS OR PRODUCTS
PEN POINT SURVIVING CHANGES EVERYTHING

Early Spring 2017

HOME *illusion*
Create the
with white
on white

COOK
EASY
SMOKED
SALMON
& VEGGIE
PASTA

calm

bathroom retreats

Create your own spa retreat in your home

The bathroom by far is the most personal and private room in your home, it is where you seek a spa-like experience to feel refreshed. It is where you go to get yourself invigorated for the day and where you set out to relax and wind down after a long day.

A white-on-white colour palette is key for creating a bright, clean, and pure look that will also create a calm relaxing space which is the key when designing a bathroom. That said, when choosing an all white palette, you

don't have to sacrifice style and creativity.

There are so many different patterns and designs for tile options. Utilizing shaped, textures and unique finishes in a monochromatic and soothing palate is what will give your space a sense of character and interest. Be creative with tiles and implement one of my signature touches, by introducing a feature wall in the shower near the tub to create that wow factor.

If you have short ceilings, a great way to

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Images: Victoria + Albert, visit vandabaths.com



Toronto-based celebrity & award winning designer Dvira Ovadia Principal of Dvira Interiors is known for her appearances and design work on various HGTV shows. Dvira and her team uses their profound understanding of design to create stylishly smart spaces. Servicing clientele throughout Ontario & GTA. www.dvira.com @DVIRAdesigner

create the illusion of a taller bathroom is by using rectangular tiles, such as a subway tile, and placing them vertically instead of horizontally. To create the illusion of more floor space, you can choose smaller tiles instead of oversized, larger tiles.

To maximize function in your bathroom, ensure you have enough storage space to keep the bathroom and your mind from feeling cluttered. The less visual and mental clutter, the more at ease you will feel. An over-the-toilet storage unit is a great addition to the bathroom when you've run out of traditional storage space.

Consider using a floating vanity to create the illusion of more space, compared to vanities that touch the ground and disrupt the flow and openness in the room. Similarly, free standing bathtubs have the same effect while still providing a roomy bathing experience. Bathtubs are becoming more popular than ever, we always are seeking a tranquil getaway to relax from the chaos, and what better way than to soak into your own beautiful tub.

Any designer will advise it is a must to invest always in a good quality bathtub to relax in. Companies like Victoria + Albert



offer the most array of stylish tubs today but created to extend also the heat retention of the water and with great warranties that can also boost the resale value of your home.

A great way to add some contrast to an all-white palette is through the fixtures. Fixtures to a bathroom are like accessories to an outfit. They are a great way to incorporate a little glamour and sparkle, as well as to help warm up the space. Trend show an abundance of brass, gold, and copper finishes in the bathroom; even matte black for extreme contrast.

Regardless of the size of your bathroom, an all-white palette can reflect the light, which helps to brighten up the room in daylight, and create a classic warming glow at night. ❁